

# Improving your Fly Casting Skills

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I've always said that "fly fishing" is all about "line control." After your line lands on the water, the better your line control skills are, the more fish you will hook. I also believe that "fly casting" is all about "loop control." The difference between a beginner, intermediate and advanced fly fisher is their ability to control the size, shape, speed and direction of their casting loop. Lets face it, without a good controlled narrow loop, not much is going to go right. Your ability to defeat the wind, be consistently accurate or achieve long distances just won't happen. A controlled narrow loop on both the forward and back cast should be priority number one. Loop control is the necessary foundation skill to build upon in order to increase your fly casting skills. It's a prerequisite to learning Accuracy, Slack Line Casts, Single and Double Hauling, etc.

The following classes will be offered on an ongoing basis. The class size will be a maximum of 6 students. The classes will be 3 hours on a Saturday or Sunday and conducted at San Ramon Central Park. Your \$30.00 payment will secure your spot. Once the class is filled we will confirm a date.

Questions: [GJTURRI@COMCAST.NET](mailto:GJTURRI@COMCAST.NET)

**Class #1 Back to Basics Fly Casting-** This class is an intro for those just getting started in the sport. Its also a good refresher for Beginner to Advanced casters who would like to improve the basic Roll and Overhead casts. We cover roll casting off both shoulders, the pick up and laydown cast and false casting.

**Class #2 Improved Accuracy and Loop Control-** This class teaches the techniques and tips to be consistently accurate to targets at 20, 30 and 40 feet. The class also teaches the casting mechanic micro adjustments needed as the caster extends line from 20 to 40 feet to maintain good loop control.

**Class #3 Presentation Casts and Slack Line Aerial Mends-** This class teaches the Specialty Casts and Aerial Mends needed to fool finicky trout in moving water. The class will cover the Curve, Tuck and Pile Cast and the two most useful aerial mends which are the Reach Mend and the Wiggle Mend.

**Class #4 Single and Double Haul-** Hauling is pulling on the fly line with the line hand while fly casting. This increases line speed and that adds energy to your cast. This will help you defeat wind from all directions, cast heavier and bulkier flies, carry more fly line in the air to increase your distance and take some of the strain off your rod hand by now learning how to use the line hand to haul. This class will teach you the four drills to practice and perfect the Single and Double Haul.

**Class #5 Understanding Shooting Heads and Sinking Lines and How to Cast the Various Types-** Have you been confused and overwhelmed by the different Shooting heads and Sinking lines available? This class explains the differences and the applications for the waters commonly fished on our club outings such as Trout in lakes, Striped Bass, and Pyramid Lake Cutthroats. There will be several different outfits available along with reels and lines to try out on your own 6 through 9 weight rod.